

EIM Uruguay



Dr. Cecilia Campo

National Center Director
Cecilia del Campo Vega

Affiliation

Director of Physical Activity and Health Área of Cardiovascular Honoray Comision (CHSCV-Uruguay)

National Center Manager
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Affiliation

Asistant of Physical Activity and Health Área at Cardiovascular Honoray Comision (CHSCV-Uruguay)

Host Institution – Cardiovascular Health Honorary Commission



The Comisión Honoraria para la Salud Cardiovascular (Cardiovascular Health Honorary Commission) is to promote, coordinate and develop plans and programs relating to the prevention, early diagnosis, treatment and rehabilitation of persons exposed or affected by cardiovascular disease. The Comisión works to systematically provide information to the public; provide technical reports to national and international health agencies; promote outreach programs, coordinate relevant actions with private, welfare, social groups, trade union, cultural institutions, sports programs, and foundations; promote education of people about the need to control cardiovascular risk factors using formal and informal systems of public education; and encourage research plans promoting national scientific efforts for diagnosis and treatment of cardiovascular diseases.

National Center Advisory Board

Affiliation

Cecilia del Campo
Mario Zelarayán
Irene Petit

Sport Physician CHSCV
Cardiologist, Executive Director of CHSCV (gov)
Family And Community Doctor, (ASSE) Mayor Public Health Care Provider, Society of Family and Community Doctors
Sport Physician CHSCV
Sport Physician Police Hospital (Cardiac rehabilitation)
Family And Community Doctor, ASSE and CHSCV

2015 Goals

- Enhance funding for part-time manager
- One publication of Prescription for physical activity
- At least 2 courses out of the capital city with 100 new professionals who attended courses
- EIM communication plan is finished and implemented
- Get EIM official website
- Sign MOU
- Attend the EIM Regional Meeting
- Participate at PA National Plan (Uruguay) with voice and vote
- Research on programs and institutional with PA practices in Montevideo and adaptation for Health Centers

Past Accomplishments

- Participating in a research investigation that examined adding PA-prescription questions to health surveys
- Provided 3 training courses for physicians
- Formed alliances with the Pediatric Society, Cardiology Society, Family and Community Society, and the Military Health School
- Increased multi-sectoral nature of the EIM National Center Advisor Board through the addition of a pediatric society member
- Started an EIM Communication Plan